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SRI MAA SIDDHESHWARI FOUNDATION

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Sri Bala Tripurasundari Mala

Gam Ganapathaye Namaha

Sam Siddheshwari Namaha

Vam Vishwanandaya Namaha

Ṛṣyādi-Nyāsaḥ

asya śrī bālāmālāmantrasya | dakṣiṇāmūrti ṛṣiḥ | paṅkti chandaḥ |

śrī bālātripurasundarī devatā | aiṃ bījaṃ | sauḥ śaktiḥ | klīṃ kīlakaṃ |

jape viniyogaḥ |

Dhyānam

ārbhāṭyā śaśikhaṇḍamaṇḍitajaṭājūṭaṃ nṛmuṇḍasrajaṃ

bandhūkaprasavāruṇāmbaradharāṃ pretāsanādhyāsinīṃ |

tvāṃ dhyāyanti caturbhujāṃ trinayanā māpīna tuṅgastanīṃ

madhye nimna vaḷitrayāñcitanuṃ tvadrūpasaṃvittaye ||

Meaning of the Dhyāna

With a fierce cry of triumph — her crown of matted locks adorned with the crescent moon, a garland of skulls about her neck; clad in garments red as the bandhūka blossom, seated upon a corpse as her throne; four-armed, three-eyed, full and lofty of breast, slender at the waist where three graceful folds mark her form — upon Thee do they meditate, that they may realize Thy true nature.

Manuḥ (Bālā Mālā)

oṃ namo bhagavati bālātripurasundari ayuta sahasrakoṭirudragaṇa sevite pratāpini jvala jvala prajvala prajvala mama śatru tatputra kaḷatra bandhu saṃkṣayaṃ kuru kuru phaṭ svāhā |
tanuda tanuda paścimadiśaṃ dhvaṃsaya dhvaṃsaya uttaradiśaṃ nirodhaya nirodhaya pūrvadiśaṃ saṃhāraya saṃhāraya dakṣiṇadiśam anutpādaya anutpādaya bhūtapretapiśāca brahmarākṣasa bhetāḷa sarvadevatā prayogān bhedaya bhedaya sakalaprayogān māraya māraya sakalaviṣān nāśaya nāśaya |
mahātripurasundari caturdaśavidyāḥ prathaya prathaya nikhilaṛṣigaṇa sevite lakṣakoṭi raviśaśyādi mahātejassvarūpadhāriṇi navakoṭiśaktigaṇa sevite ānandarūpiṇi mama abhayaṃ dehi dehi sarvadāridryapraśamanaṃ kuru kuru mama putramitrabandhūnāṃ kṣemaṃ kuru kuru kalpavṛkṣakāmadhenūd dehi dehi āṃ hrīṃ śaṃ śaṃ śrīṃ śrīṃ śrīṃ aiṃ aiṃ aiṃ klīṃ klīṃ krīṃ sauḥ sauḥ sauḥ klīṃ huṃ hrīṃ huṃ haiṃ huṃ huṃ phaṭ svāhā |
vijvalabhidakuṇḍalinīsvarūpiṇi sakalakāminīr mama vaśaṃ kuru kuru

sakaladurācārapuruṣān nihana nihana bhakṣa bhakṣa sakalamūṣakādiprayogān chedaya chedaya sakalarājān mama vaśyaṃ kuru kuru sakalarājasainyāni mama vaśyaṃ kuru kuru hrāṃ hrīṃ hrūṃ hraiṃ hrauṃ hraḥ phaṭ svāhā ||