

Sri Maa Siddheshwari Peetham



Sri Vidya Ganapati Sadhana

Gam Ganapataye Namaha
Vam Vishwanandaya Namaha
Sam Siddheshwari Namaha



Karanyasah (Hand Consecration)

- **Om** Angushthabhyam Namaha *(Thumb fingers)*
- **Kleem** Tarjanibhyam Namaha *(Index fingers)*

- **Gam** Madhyamabhyam Namaha *(Middle fingers)*
- **Varavarada** Anamikabhyam Namaha *(Ring fingers)*
- **Vidye** Kanishthakabhyam Namaha *(Little fingers)*
- **Ganapataye** Karatalakaraprishtabhyam Namaha *(Front and back of palms)*

Significance: Divine seed letters (*Bijaksharas*) are consecrated from the thumbs down to the little fingers. By touching the front and back of the palms (*Karatalakaraprishtabhyam Namaha*), every action performed by the practitioner's hands is rendered divine. This shields the practitioner and prevents any negative energy from entering through the hands.

Anganyasah (Body Consecration)

- **Om** Hridayaya Namaha *(Heart)*
- **Kleem** Shirase Svaha *(Head)*
- **Gam** Shikhayai Vashat *(Crown/Tuft)*
- **Varavarada** Kavachaya Hum *(Armor/Chest)*
- **Vidye** Netratrayaya Vaushat *(Three Eyes)*
- **Ganapataye** Astraya Phat *(Weapon/Protection)*
- **Bhurbhuvassuvaro Digbandhah** *(Protection of all directions)*

Significance: Divine energy is infused into the heart, head, crown, protective armor, and eyes. Through potent tantric mantras (*Namaha, Svaha, Vashat, Hum, Vaushat, Phat*), these energies are locked firmly within the physical body. Finally, all surrounding directions are bound (*Digbandham*), ensuring no evil or negative forces can approach the practitioner until the japa is concluded.

Manasa Puja (Mental Worship)

- **Lam** Prithvyatmane Gandham Samarpayami *(Offering Sandalwood/Fragrance associated with Earth element)*
- **Ham** Akashatmane Pushpam Samarpayami *(Offering Flowers associated with Ether/Space element)*
- **Yam** Vayavyatmane Dhupam Samarpayami *(Offering Incense associated with Air element)*
- **Ram** Vahnyatmane Deepam Samarpayami *(Offering Light/Lamp associated with Fire element)*
- **Vam** Amritatmane Naivedyam Samarpayami *(Offering Sacred Nectar/Food associated with Water element)*
- **Sam** Sarvatmane Karpuramishrita Tambuladi Sarvopacharan Samarpayami *(Offering Camphor-infused Betel Leaf and all services to the Universal Soul)*

Significance: By chanting the seed sounds (*Lam, Ham, Yam, Ram, Vam, Sam*) corresponding to the five cosmic elements (*Panchabhutas*—Earth, Space, Air, Fire, Water), the practitioner

mentally offers perfume, flowers, incense, light, divine food, and complete royal services to the Supreme Deity, attaining total surrender.

Moola Mantra (Core Root Mantra)

Om Kleem Gam Varavarada Vidya Ganapataye Svaha